

Antidepressant Medication Classes

Common Antidepressants

	Brand name (generic version)	Dose Range	Important Notes
SSRIS	Prozac (fluoxetine)	20 – 80mg	The first SSRI approved in 1987.
	Celexa (citalopram)	20 – 80mg	Doses above 40mg carry a warning of potential cardiac arrhythmias.
	Lexapro (escitalopram)	10 – 30mg	Chemically related to Celexa, containing the S-enantiomer.
	Paxil (paroxetine)	10 – 60mg	Causes the worst withdrawal side effects of an SSRI and can cause sedation, constipation and weight gain.
	Luvox (fluvoxame)	50 – 300mg	May cause sedation, considered the best SSRI for OCD.
	Zoloft (sertraline)	50 – 200mg	Lowest effective dose is typically 100mg.
SNRIS	Cymbalta (duloxetine)	40 – 120mg	May help with chronic pain/fibromyalgia.
	Pristiq (desvenlafaxine)	50 – 100mg	A metabolite of venlafaxine.
	Fetzima (levomilnacipran)	40 – 120mg	Generic version not available.
	Savella (milnacipran)	50 – 200mg	FDA approved for fibromyalgia only, generic version not available.
	Effexor (venlafaxine)	75 – 375mg	Potentially the worst withdrawal side effects of any antidepressant. Works only as an SSRI at doses of 150mg and below. Increases dopamine at doses >300mg. Extended release "XR" form is recommended due to fewer withdrawal side effects.
	Strattera (atomoxetine)	80 – 100mg	Used to treat ADHD.

Other

Wellbutrin (bupropion)	Immediate release 100 – 150mg (3X per day), sustained release "SR" 100 – 200mg (2X per day) or extended release "XL" 150 – 450mg (1X per day).	Norepinephrine and dopamine reuptake inhibitor. Potentially the most stimulating antidepressant, with effects similar to caffeine. Can treat sexual dysfunction from SSRIs or SNRIs. Side effects include anxiety, tremor, dry mouth, sweating, bruxism, insomnia, weight loss, headache, decreased appetite, increase in blood pressure and heart rate. Good for lethargic depression to increase energy, focus, concentration, and motivation. Also used for smoking cessation. Does not treat anxiety. Does decrease the seizure threshold, so not to be used by people with epilepsy.
Remeron (mirtazapine)	30 – 45mg	Sedating and may cause severe weight gain, and constipation.
Desyrel (trazodone)	200 – 600mg	Sedating, frequently used for sleep at 25 – 100mg.
Viibryd (vilazodone)	20 – 40mg	Serotonin reuptake inhibitor and serotonin receptor stimulator. Generic version not available. Little to no incidence of sexual side effects.
Trintellix (vortioxetine)	10 – 20mg	Serotonin reuptake inhibitor and serotonin receptor stimulator. Generic version not available. Fewer sexual side effects than SSRIs/SNRIs.

TCAS

Elavil (amitriptyline)	50 – 300mg	May treat insomnia and chronic pain. Frequent side effects include urinary retention, dry mouth, sedation, constipation and weight gain.
Pamelor (nortriptyline)	50 – 150mg	A metabolite of amitriptyline with less sedation and weight gain. May treat insomnia and chronic pain. Frequent side effects include urinary retention, dry mouth, sedation, constipation and weight gain.
Tofranil (imipramine)	75 – 300mg	May treat insomnia and chronic pain. Frequent side effects include urinary retention, dry mouth, sedation, constipation and weight gain.
Anafranil (clomipramine)	25 – 250mg	Commonly used for obsessive compulsive disorder. May treat insomnia and chronic pain. Frequent side effects include urinary retention, dry mouth, sedation, constipation and weight gain.
Norpramin (desipramine)	100 – 300mg	May treat insomnia and chronic pain. Frequent side effects include urinary retention, dry mouth, sedation, constipation and weight gain.

MAOIS

Nardil (phenelzine)	15 – 90mg	Potentially life-threatening interactions with some foods and other medications, including other antidepressants.
Marplan (isocarboxazid)	10 – 60mg	Potentially life-threatening interactions with some foods and other medications, including other antidepressants.
Parnate (tranylcypromine)	30 – 60mg	Potentially life-threatening interactions with some foods and other medications, including other antidepressants.
Emsam (selegiline)	6 – 12mg	A transdermal patch, which voids the need for dietary restrictions. Potentially life-threatening interactions with some medications, including other antidepressants.